

"Excellent support, advice and ideas. Link Worker gave me the confidence to be a better parent. WHP is an invaluable service, tailored to your individual needs, don't be afraid to ask for help. Thank you for everything!"

**Parent,
Kidderminster**



Wyre Forest and Hagley Project



"Surprised at how quickly things turned around. Link Worker listened to me and my child. We are more relaxed now that strategies have been learnt. Brilliant!!"

Parent, Hagley

Our WHP Home School Link Worker is:

LUCY PLOWRIGHT

07824 512983

The Wyre Forest and Hagley Project (WHP) is a service for parents and carers with a child attending a local primary school in Kidderminster, Bewdley, Stourport or Hagley.

WHP provide support early, helping to ensure that our pupils can make the most of their time in school. WHP are here to support your child and your family and can help with:

- Improving school attendance
- Avoiding exclusion
- Emotional / behavioural issues
- Relationship and family difficulties
- Debt and money worries
- Bereavement
- Healthy relationships
- And much more....

Our WHP Link Worker supports the work of our school and recognises the importance of strong home-school partnerships. WHP have worked with many of our children and parents since 2009, successfully addressing a range of issues that may affect home or school life.

If your child has recently started having a difficult time at school then we may suggest that you speak with our WHP Link Worker. Sometimes there may be difficulties at home - if you think that your child and family could benefit from some support then you can also contact the WHP Link Worker direct, or speak to school reception.

"The Wellbeing Plan showed me paths I had not thought of. Talking things through was helpful, seeing other options to deal with things".

Parent, Stourport

"...Communication between myself the Link Worker and the teacher meant we were all 'singing off the same hymn sheet'. Each time we met, Link Worker would listen and give me new ideas or a different perspective. Talk freely to WHP, the more information you give, the easier it is to get the right advice. I was not made to feel like I was being judged at any point."

Parent, Bewdley

WHP Link Workers also run regular friendly courses for parents in the local area. These are relaxed and informal small groups. All WHP courses are free.

Please call **01562 851292** (8.30am to 3pm, 24hr answer machine) or speak with our WHP Link Worker here in school to find out more and to book a place.

"I sat here at the start thinking yeah, yeah and basically taking the mick but it's amazing. Everything you have talked about and suggested is true and it's working. I am even talking to my mates about it now."

Parent after a course

"This has certainly added to our parenting tools, as to how we parent and why we do things. To do it as a couple was invaluable."

Parent after a course

Please visit the ContinU Trust website at www.continu.org.uk/whp for more information about the WHP early intervention service and for links to other sources of help and support for children, parents and families.



The Wyre Forest and Hagley Project (WHP) is run through the ContinU Trust which is a company limited by guarantee registered in England and Wales, Number 6649728. Registered Charity Number 1125543. Registered Office: c/o Baxter College, Habberley Road, Kidderminster, Worcestershire DY11 5PQ.



Every Mind Matters is here to help you manage and maintain your mental health, as good mental health makes such a difference. It helps us to relax more, achieve more and enjoy our lives more.

We all experience times when we're struggling or not coping as we might like, or where our circumstances and life events make things extremely difficult and challenging. It's part of life, and sometimes it's OK to not be OK.

Our mental health is not fixed, it's fluid, and just as it can be affected by our life experiences, events and circumstances, there are things we can do to improve it and help others.

<https://www.nhs.uk/oneyou/about-one-you/>

COULD YOU HELP?

ARE YOU A PARENT OR GRANDPARENT?

Could you spare 2-3 hours each week to visit a local family who are going through a difficult time?

Our volunteers offer emotional, practical and befriending support. Training provided, expenses paid, on-going support.

Contact us for more details on 01562 825896

info@homestartwyreforest@org.uk

www.homestartwyreforest.org.uk

